

PROGRAM TITLE: **Red Cliff Band of Lake Superior Ojibwe**
Zaagichigaazowin Home Visiting Program

PROGRAM PERIOD: Cohort 3 (September 30, 2012 to September 29, 2017)

KEY GRANTEE PROGRAM STAFF

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GOAL OF THE TRIBAL HOME VISITING PROGRAM

The Zaagichigaazowin Home Visiting (ZHV) Program provides culturally relevant, medically accurate, developmentally appropriate pre-conception, childbearing, and postpartum home visiting services within the Red Cliff Band of Lake Superior Ojibwe early childhood service delivery system.

COMMUNITY CONTEXT FOR THE PROGRAM

State:	Wisconsin
Rural or Urban/Reservation or Non-Reservation:	Rural Reservation
Description of Service Area:	The Red Cliff Reservation is located in northern Wisconsin.
Births Per Year:	Per community assessments and other demographic tools, the approximate birth rate is 40 babies per year.
Children Ages Birth to 5 Years in Target Community:	According to a recent community assessment conducted by the Red Cliff Early Childhood Center in 2012, the birth to 17 population represents the largest population within the Red Cliff community at 25 percent, with the birth to 5 year old age category being the fastest growing segment of that population.
Unique Characteristics of Target Community:	The Red Cliff Band of Lake Superior Ojibwe population is relatively young, with 64 percent of members comprising the child, youth, and childbearing age ranges.
Key Community Partners:	<ul style="list-style-type: none"> • WI Department of Children and Families • Red Cliff Early Childhood Center • Red Cliff Education Division • Wisconsin Alliance for Infant Mental Health • Red Cliff Indian Child Welfare • Bayfield County Birth-to-Three Program • Red Cliff Family Violence Program • Red Cliff AODA Coalition • Memorial Medical Center Behavioral Health • Red Cliff Human Services

COMMUNITY CONTEXT FOR THE PROGRAM (continued)

Key Community Partners:	<ul style="list-style-type: none"> • Red Cliff Mishomis House AODA Program • Red Cliff Law Enforcement • Bayfield County Law Enforcement • Red Cliff Family Service • Great Lakes Inter-Tribal Council • Red Cliff IHS/Contract Health Medical Benefits Program • Bayfield School District • Criminal Justice AIM Coordinator • Red Cliff IHS Health Center • Bayfield County DA/Victim Witness Coordinator • SPHERE Coordinator • UW Madison, School of Public Health, Population Health Institute • Bayfield County Public Health Departments
Primary Risk Factors in Target Community:	The primary risk factors in the target community include poverty, poor nutrition, health problems such as diabetes, substance use or abuse, domestic violence, and loss of language and culture.

PROGRAM DELIVERY CONTEXT

Organization Type Administering the Program:	The Red Cliff Band of Lake Superior Ojibwe Community Health Center is a Tribal-owned, federally qualified health center.
Implementing Agency:	Red Cliff Community Health Center
Target Population:	The ZHV Program will serve families who live on or within 15 miles of the Red Cliff Band of Lake Superior Ojibwe Reservation. At least one primary caregiver must be a tribal member or eligible for tribal membership in order to be eligible for ZHV Program services.
Target and Actual Numbers Served:	The ZHV Program intends to provide home visiting services to 16–20 families.

HOME VISITING MODEL SELECTED

The ZHV Program will use the Healthy Steps model with Parents as Teachers (PAT) as the home visiting curriculum. These programs are flexible and allow for necessary enhancements and adaptations. Healthy Steps is a universal, medical practice based intervention. It relies on partnerships between child development specialists and families to improve early pediatric care. This model focuses mainly on children ages birth to 3 years.

KEY MODEL ADAPTATIONS OR ENHANCEMENTS

The ZHV Program plans to use cultural teachings and activities as the foundation and structure of the home visiting program; to increase participation of fathers and extended family members in all aspects of service delivery; and to increase preconception/adolescent knowledge and health related to sexuality and healthy lifestyles. These adaptations and enhancements will be provided through Red Cliff's culturally based Fetal Alcohol Spectrum Disorder prevention program, the coming of age and other pertinent ceremonies, and cradleboard-based teachings related to health and relationships. Specific adaptations to the PAT and Healthy Steps programs include using community-based douglas as PAT home visitors and Healthy Steps Specialists, and increasing prenatal home visiting intensity.



DESCRIPTION OF EARLY CHILDHOOD SYSTEM

The Red Cliff Early Childhood Center (ECC) offers Head Start (HS) and Early Head Start (EHS) services through center-based and home-based program options. HS has 3 center-based classrooms and is currently funded to serve 47 children. EHS currently serves 32 children in 3 center-based full-day/full-year classrooms plus 1 Child Care and Development Fund/EHS collaborative classroom. EHS also serves an additional 36 children/prenatal clients in its home-based option, for a total of 68 EHS children/prenatal clients. The ECC HS/EHS programs provide comprehensive services to enrolled children and their families. These services, in addition to education and cognitive development services, include health, nutrition, and social services, as well as other services determined to be necessary by family needs assessments. HS/EHS emphasizes the role of parents as their child's first and most important teacher.

EVALUATION APPROACH

Evaluation Question

1) Do Red Cliff mothers and children who participate in ZHV (**P**), a comprehensive, culturally enriched adaptation of Healthy Steps that extends to the prenatal period (**I**), have better health outcomes—prenatally, perinatally, and when the child reaches six months of age—(**O**) compared to Red Cliff children who participated in Honoring Our Children (**C**), a previously implemented home visiting program with variable dosage?

2) Do Red Cliff mothers and children enrolled in Early Head Start who participated in ZHV (**P**), a comprehensive, culturally enriched adaptation of Healthy Steps that extends to the prenatal period (**I**), have better caregiver and child outcomes by the time children reach 18 months of age (**O**) compared to Red Cliff mothers and children who participated in Early Head Start but not ZHV (**C**)?

Evaluation Design

Pre-post time-lag design with historical comparison groups (Honoring Our Children for question 1 and Early Head Start for question 2).

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